

FFSC Naples Facebook

INTERCULTURAL RELATIONS

Fleet & Family Support Center

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FFSC (ICR) is located on the first (1st) floor of the Navy Lodge

NSANaplesFFSC@us.navy.mil

DSN: 629-6372 or COM: 081-811-6372

INTERCULTURAL RELATIONS FOR NEWCOMERS (ICR)

Field Trip logistical info:



- Muster at the Support Site bus stop C by the fire station @ 07:45 a.m.
- The cost of public transportation and meals during the ICR field trip is at the attendee's expense;
at least **20 Euros** per participant is recommended.
- The ICR field trip attendees should be able to participate in a rigorous uphill walk.
No children under 13 years of age are permitted on the trip.
The FFSC will organize a separate family trip to accommodate our younger clients.
- Casual attire, comfortable shoes, and a water bottle are highly recommended.
Antiterrorism measures will be observed at all times.

+39 335 778 7393 (Ms. Arianna)

+39 335 741 8277 (Ms. Diana)

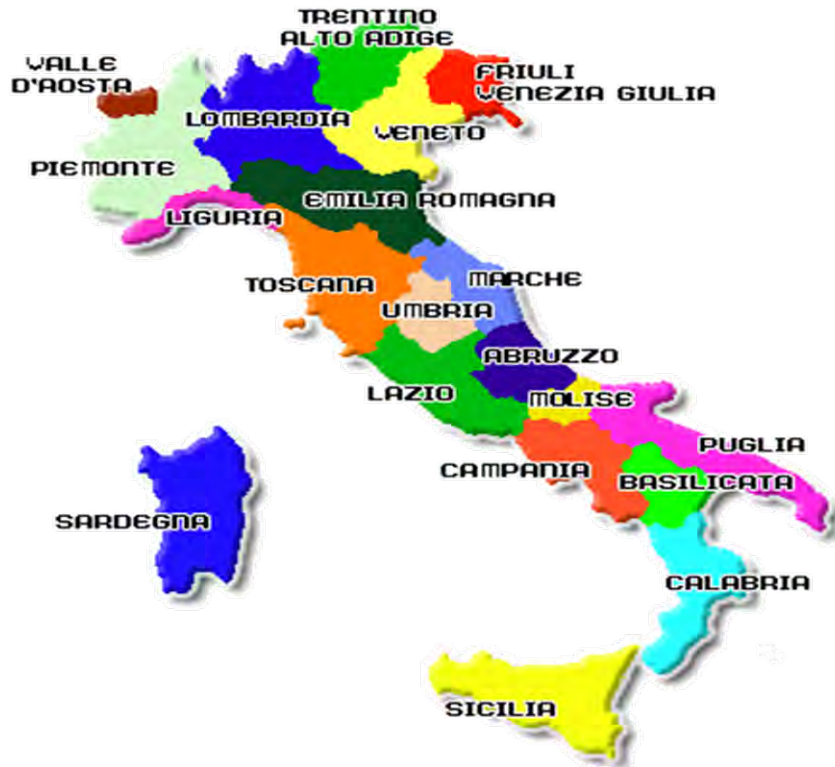
For trip purposes; please add numbers to your cell phone





ITALIA





ITALIA



EUROPE



Population: 60 million ca.
 Kingdom of Italy: 17 March 1861
 Italian Republic: 2 June 1946
 Rome Capital of Italy: 1870

Facts of Italy:

It is the third-largest national economy in the European Union, the 10th-largest in the world.
 Italy is the world's largest wine producer and manufacturers of high-quality products: including automobiles, ships, home appliances, and designer clothing.
 Italy is the largest hub for luxury goods in Europe.



Sergio Mattarella, President of Italy



Papa Francesco



Giorgia Meloni
 Prime Minister



EURO CURRENCY

Fm Jan 2002



Italy holds the record for the most UNESCO heritage sites in the world.

There are currently 58 UNESCO sites in Italy—53 cultural and 5 natural—and many others are under consideration.

Costiera Amalfitana/ Amalfi Coast



Venezia/ Venice



ROMA



FIRENZE



MILANO



Castel dell'Ovo



San Carlo Opera House



Maschio Angioino (Castel Nuovo)



Galleria Umberto I



MUSEO ARCHEOLOGICO "MANN"



POMPEI



VESUVIO

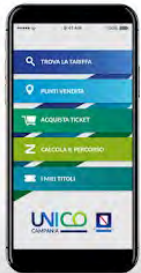


Reggia di Caserta



WELCOME TO YOUR NEW HOME TRAVEL IN (AND FROM) NAPOLI

Napoli
International
Airport (NAP)

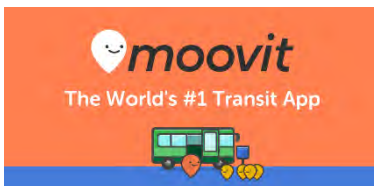


UNICO
CAMPANIA



Afragola Train Station

Campania



Transportation

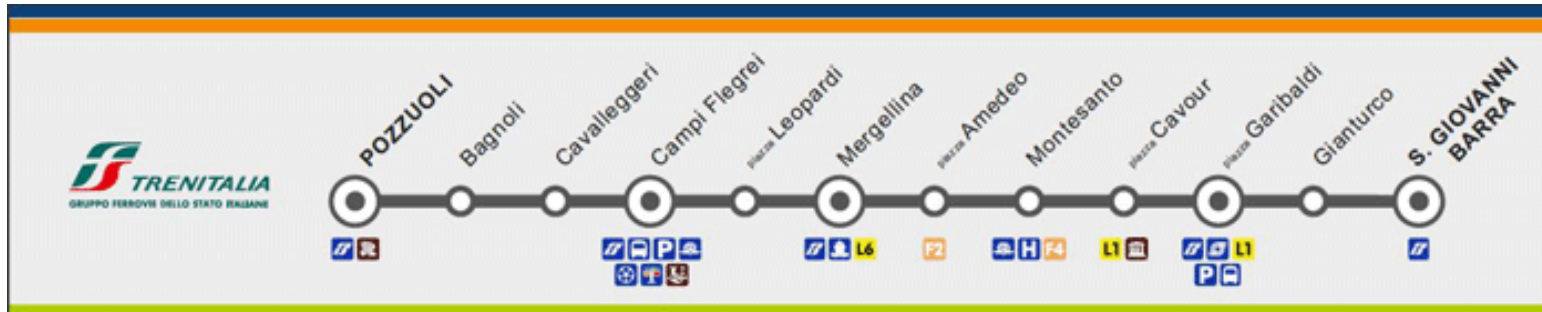


- Autobus (buses)
- Metropolitana (subway)
- Funicolare/i (cable cars)
- Treni (trains)





Metro Linea 1-Toledo Station



linea 1



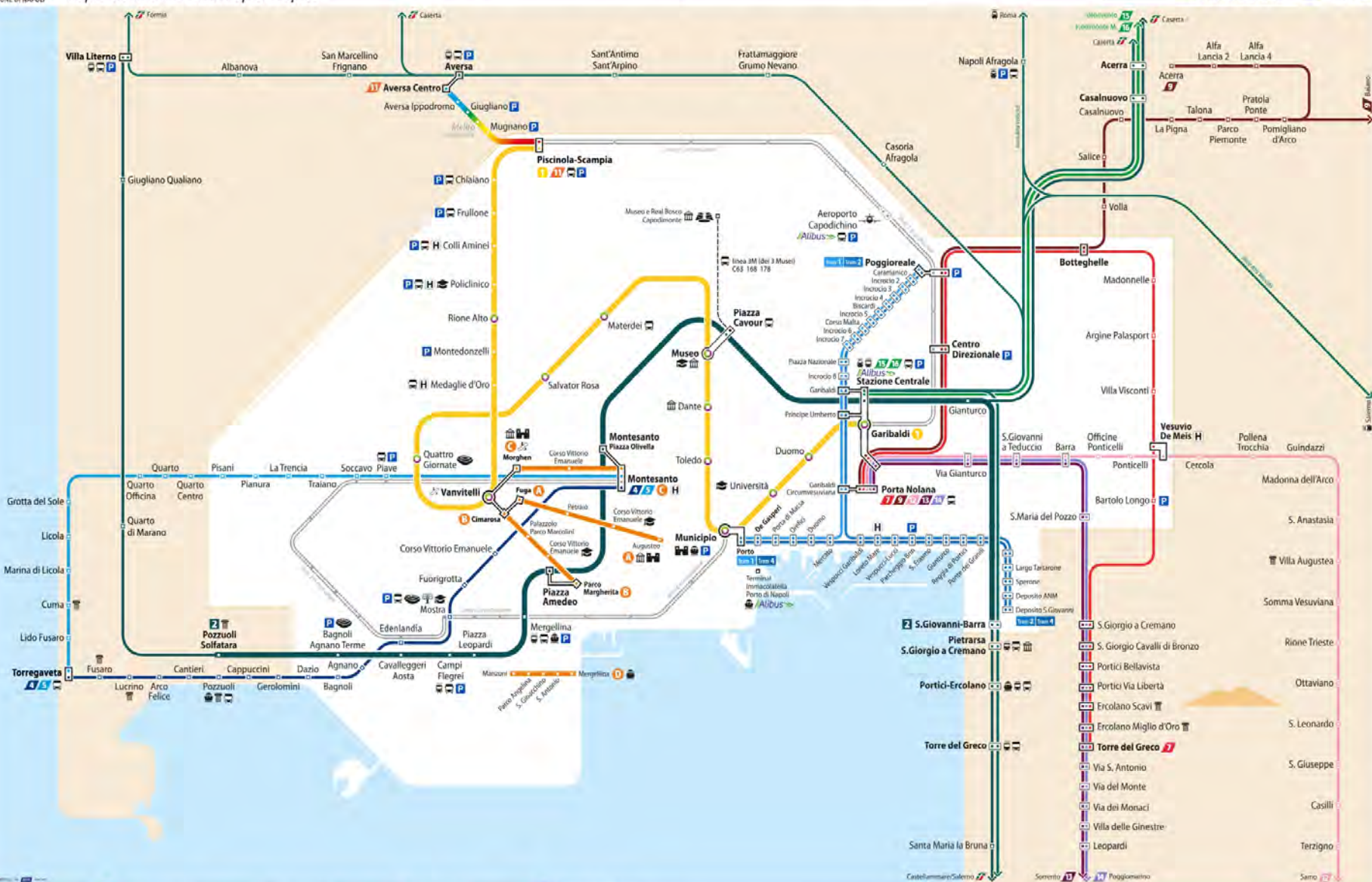
0600 – 2230

www.anm.it



BUSES (Autobus)

from 06:00 to 24:00, every 20/30 min
from 24:00 to 06:00, every hour



legenda
by

800.639.5241

www.anm.it
anm.napoli

 **linee metropolitane**
metro.kai

		Etape 1	Préparer l'entreprise-Garant	
		Etape 2	Garantir l'investissement en capital	
		Etape 3	Maximiser l'impact à long terme	
























linea funiculari)
Austria

- **Cantrite** *Vago Aspettando*
- **Di Chiara** *Conoscenza Parla*
- **Di Montezemolo** *Ministero del M*
- **Di Montezemolo** *Montezemolo M*

 linee tramviarie
Comuni 5/line

- Unit 1** *Región de la Ciénega*
- Unit 2** *Región de la Sierra*
- Unit 3** *Región de la Costa*
- Unit 4** *Región de la Selva*


ferrovie extraurbane
 lombarde el

FAV **News Flegree**

-  **Italia 1** **Montecarlo & Napoli-Milano**
- **Canale 4** **Montecarlo & Napoli-Milano**
-  **Cinque** **Montecarlo & Napoli-Milano**

FAV Smart Verkoopsluis

alle Lijnen (Duitsland)

 DFB National-Turnier der Herren der 1. Liga (Duitsland)

 DFB National-Amateurturnier (Herren) (Duitsland)

IN **INVESTMENT**
INVESTMENT
INVESTMENT


ferrovie regionali
 emilia-romagna

servizi regionali sulla linea **EM**
 ospitali servizi pubblici della provincia 2
 Via Lancia Lancia
 Viale Garibaldi
 Viale Garibaldi

altri simboli
altre simboli

 Apple logo
 Microsoft logo
 Google logo
 Facebook logo
 Twitter logo

pittogrammi
sul Tavoletto

Integrated driver air and ABS/ESC	16" alloy wheels
High speed rear window	1800 cc engine
Automatic 5 speed transmission (optional)	1800 cc engine
Optional alloy wheels	1800 cc engine
Optional alloy wheels	1800 cc engine



ALIBUS

From Capo Airport to:

Central Station (Stazione Centrale)
& Fleet Landing (close to city center)

(0630 – 2315)

www.anm.it

NAPOLI Tickets (biglietti)

Tickets allow passengers to Travel within Naples city .

Alibus



5,00 euro

From Naples Airport
(Capodichino)

To Central Station &
Fleet Landing



Single ride 1,20 euro



90 min



All day

Biglietto Corsa Singola (single ride); 1,20

Biglietto : (*90 min. from time of validation*) – 1,70

Biglietto giornaliero: (*all-day, from 00 to 2400*) – 5,10

Abbonamento mensile: (*monthly pass*) – 42

**You can purchase tickets inside stations or at Tabacchi stores, and/or Newspaper stands*

Where do you buy tickets?



**ALWAYS VALIDATE YOUR
TICKET!**

**Ticket validation
on buses and/or
inside stations**



**ALSO Online:
APP UNICOCAMPANIA
for Android and IOS**

**Keep the ticket with
you until OFF THE
STATION**

IT NATIONAL TRAINS (FS)

www.trenitalia.com



www.italotreno.it (only fast trains)

Locale (LOC)

Diretto or Regionale (DIR or REG)

Intercity (IC) from Aversa & Naples

Frecciarossa (AV) from Naples and Afragola

Italo (AV) only fast trains from Naples and Afragola



Parcheggio/Parking

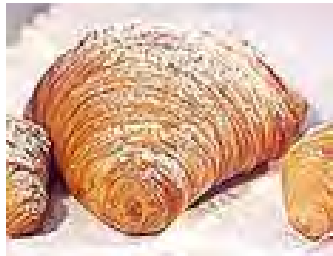


WHITE: FREE

BLUE: PAY

YELLOW: RESERVED





Your Italian Experience Food and Caffè' Etiquette



Campania



Andiamo al Bar

Bar or Caffetteria



Colazione (Breakfast)



Ordiniamo il caffè'



Al Banco



Most Italians have their drinks or snacks standing up



Al Tavolo

Many bars will have tables and chairs available to sit down with an extra cost

ORDINIAMO (Let's order)



First get the “scontrino” (receipt) from the cashier and then take it to the bar tender and order.

- **Vorrei un caffè, grazie (I would like a coffee...)**
- **Vorrei una sfogliatella, grazie (I would like a sfogliatella...)**

HOT COFFEES

Caffe' Espresso



Caffe' macchiato



Caffe' corretto



NOTE: Caffe' can
be "Corto" (short)
or Lungo (large)



Cappuccino

NOTE: No large or small Cappuccino.
Only one size (dimension of the cup)

...TO GO ALONG WITH YOUR *CAFFE'*



SFOGLIATELLA

RICCIA The crust is made by multiple layers of dough, filled with orange-flavored ricotta, almond paste, and candied peel of citron



(SFOGLIATELLA LISCIA) O
FROLLA shortcrust pastry filled with orange-flavored ricotta, almond paste, and candied peel of citron



CORNETTO
(VUOTO, CON CREMA, CIOCCOLATO)



BABBA'
SEMPLICE o

CON CREMA/PANNA/CIOCCOLATO/CON LE FRAGOLINE soaked with liquor, typically rum mixed to water.



GRAFFA

Ristorante

Restaurant kitchen

Lunch: 1200/1230 to 1430

Dinner: 1900/1930 to 2300

People Usual time for:

Pranzo (lunch: 1300/ 1330)

Cena (dinner: 20:00/20:30)



IL CONTO (the bill)



**You must request the bill
when you are ready to leave.
The waiter will not
automatically bring it**

TIPS= Mancina
must be cash, can't be added to the credit card bill

Italian Eating Facilities

Ristorante: Restaurant

Trattoria: Family run restaurant

Pizzeria: Pizza only

Tavola Calda: Sort of Cafeteria

Rosticceria: Take away food

<u>Conto</u>	
Dati identificativi del Cliente _____	

QUANT.	DESCRIZIONE
	COPERTI
	VINO - BIRRA
	ACQUA MINERALE
	PIZZA
	ANTIPASTI
	PRIMI PIATTI
	SECONDI PIATTI
	CONTORNI
	FORMAGGI
	FRUTTA
	DOLCI - DESSERT
	CAFFE' - LIQUORI
	MENU A PREZZO FISSO
	Servizio _____ %
	Contributivo pagato
	Contributivo non pagato
	TOTALE €

CONTO

n. _____

data _____

ITALY, NAPLES, AND YOU

CULTURAL AWARENESS

Culture Shock =

- INCUBATION STAGE (Honeymoon): Everything is new and exciting!
- SECOND STAGE: (2 to 4 months fm arrival) Culture Shock!
Difficult times and crises in daily life.



Symptoms of Culture Shock:

- a feeling of sadness and loneliness
- headaches and pains
- insomnia or sleeping too much
- feeling of anger and depression
- idealizing your own culture
- becoming obsessed with new culture
- feeling lost or confused
- feeling shy and insecure
- overwhelming sense of homesickness



- THIRD STAGE: Gaining understanding of the new culture. A feeling of pleasure and/or sense of humor may be experienced
- FOURTH STAGE: Adaptation and appreciation. This integration is accompanied by a stronger feeling of belonging.

CULTURAL AWARENESS

Tips to Overcome Culture Shock

- REALIZE THAT ADJUSTMENT TAKES TIME
- FOCUS ON THE POSITIVE
- GET INVOLVED WITH THE LOCAL COMMUNITY, MAKE FRIENDS
- MAKE AN EFFORT TO LEARN THE LOCAL LANGUAGE
- TALK TO OTHERS ABOUT HOW YOU FEEL
- STAY IN TOUCH WITH FRIENDS, AND FAMILY BACK HOME
- GO OUT, EXPLORE, ATTEND LOCAL FESTIVALS, AND EVENTS



Cultural Insights and Basic Etiquette



Visiting

- Dinner guests often bring a gift of wine, dessert, or flowers (no chrysanthemums).
- If you are visiting somebody's house just before dinner time, you will most likely be invited to stay.
- Make sure to compliment the landlady for her food, and home. Italian women often take great pride in the appearance of their houses.
- Guests are not expected to help the host clean up after a meal unless they are good friends.

Basic Etiquette:

- It is common for Italian friends and families to kiss on both cheeks when they meet, irrespective of their gender.
- It is important to dress neatly and respectfully.
- No shorts or flip flops in formal environments.
- Punctuality is not tight in social situations. In Italy, 'on time' can mean 10, 15 or, in the worst scenario, even 30 minutes late.

Cultural Insights

The Italian Culture is commonly associated with Art, Music, Food and Wine. It is the homeland of the Roman Empire, the Roman Catholic Church and the main center of the Renaissance.

Italian cuisine has influenced food culture around the world and is viewed as a form of art by many.

For Italians, food isn't just nourishment, it is life. Family gatherings are frequent and often centered around food. The table is the meeting place for Italians

Family is an extremely important value within the Italian culture

The official language of the country is Italian. About 93% of the Italian population speaks Italian as native language. There are also a number of dialects spoken in the country

LEARNING ABOUT LANGUAGE AND CULTURE

DON'T TRUST PETE!

There's a better way to learn Italian and hand gestures ...



SPEAK ITALIAN
THE FINE ART OF THE GESTURE



OVERCOMING SOME STEREOTYPES: LEARNING ABOUT LANGUAGE AND CULTURE



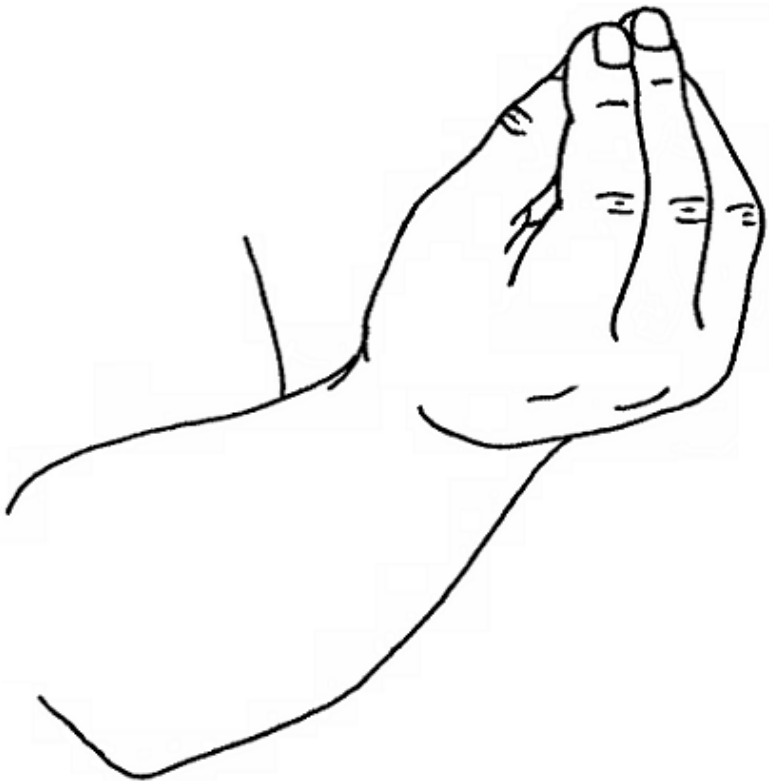
QUIZ TIME

Hand Gestures in Naples



GUESS THE ANSWER

THIS HAND GESTURE MEANS:

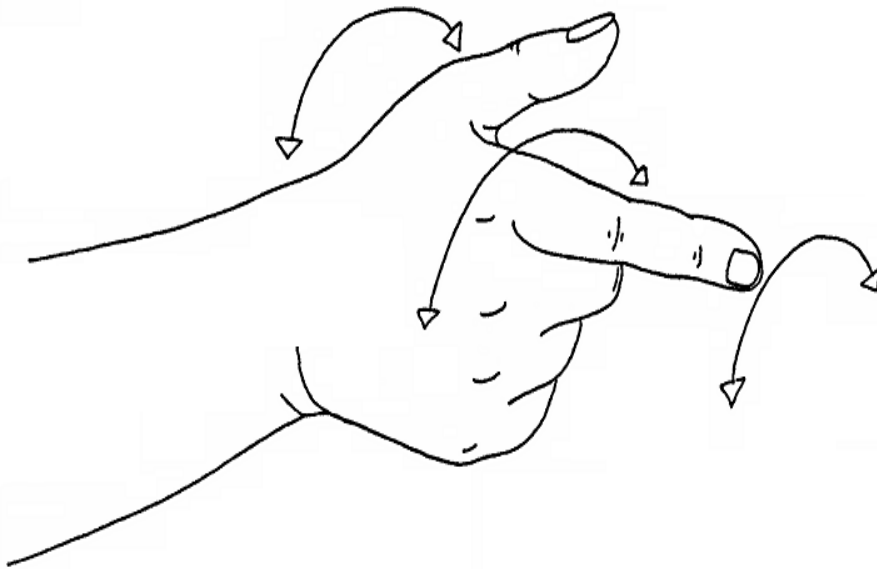


- A. who, when,
where, or what
- B. I don't care!
- C. Get to the point!

who, when,
where, or what

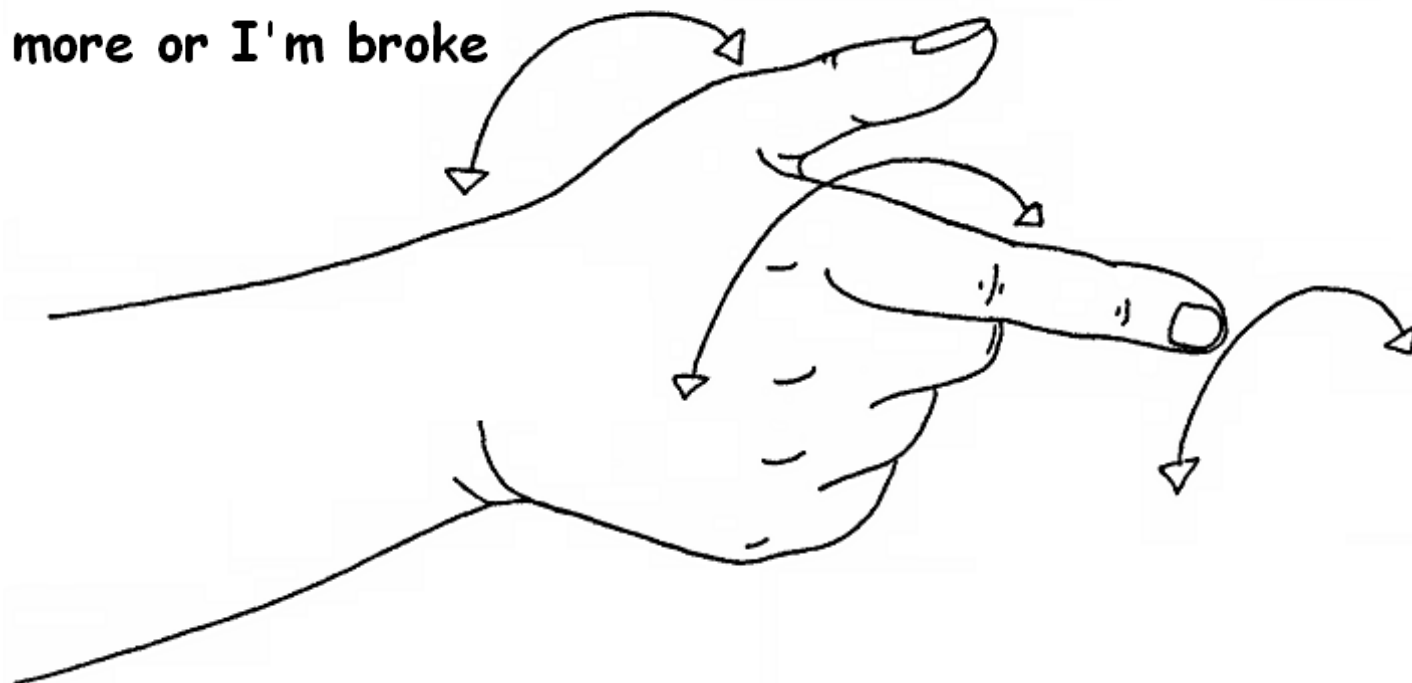


THIS HAND GESTURE MEANS:

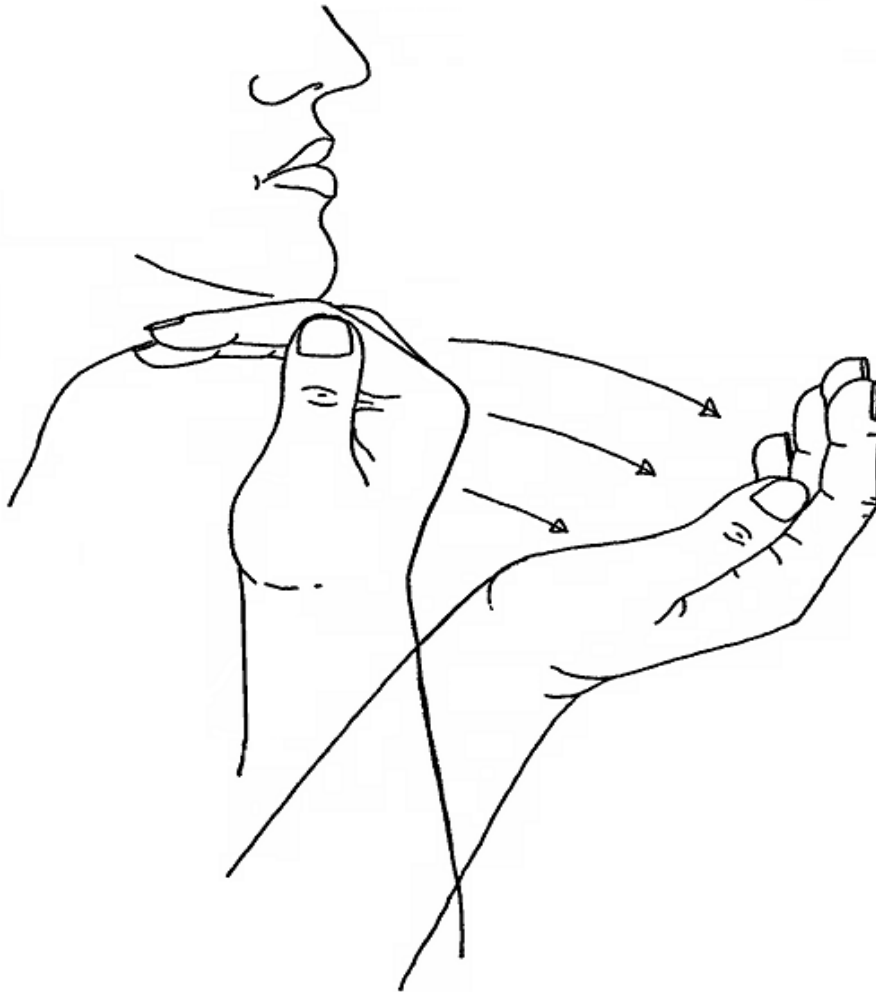


- A. It doesn't work
- B. No more
- C. I am broke
- D. All of the above

It doesn't work/no
more or I'm broke



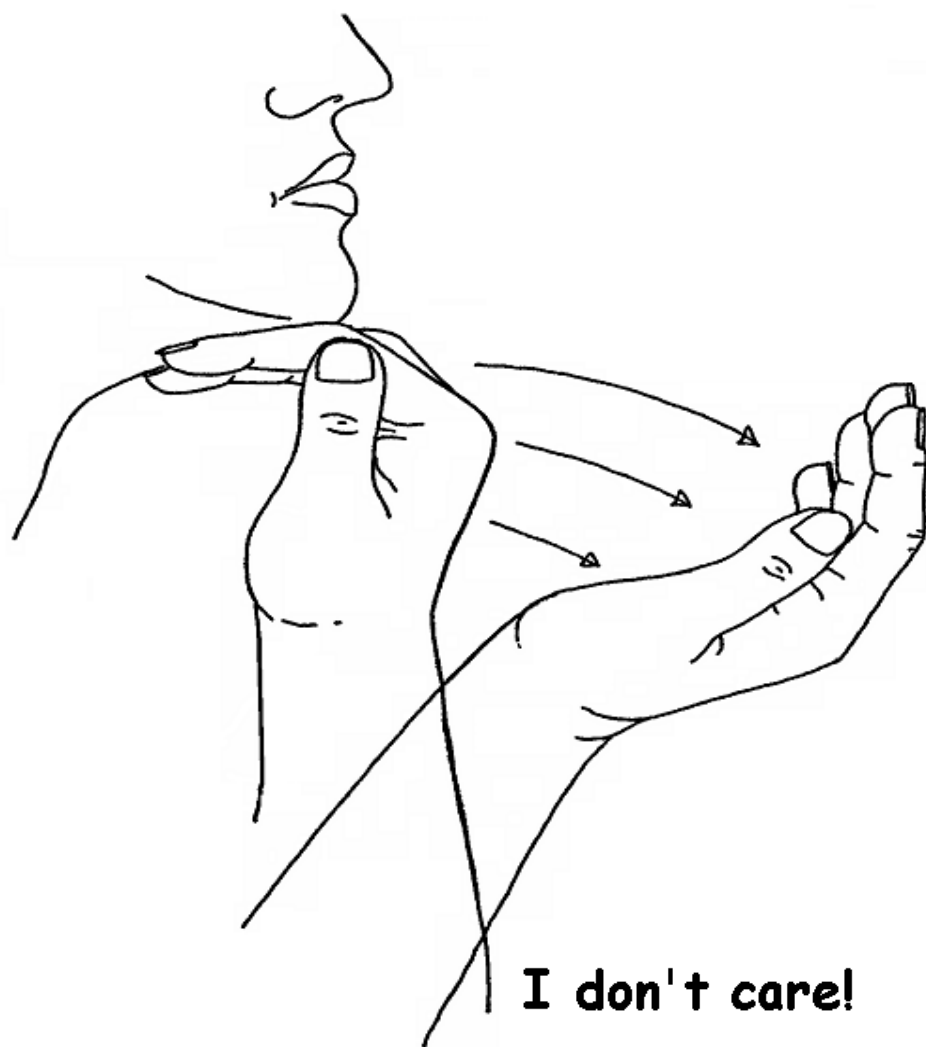
THIS HAND GESTURE MEANS:



A. My chin hurts

B. I don't care!

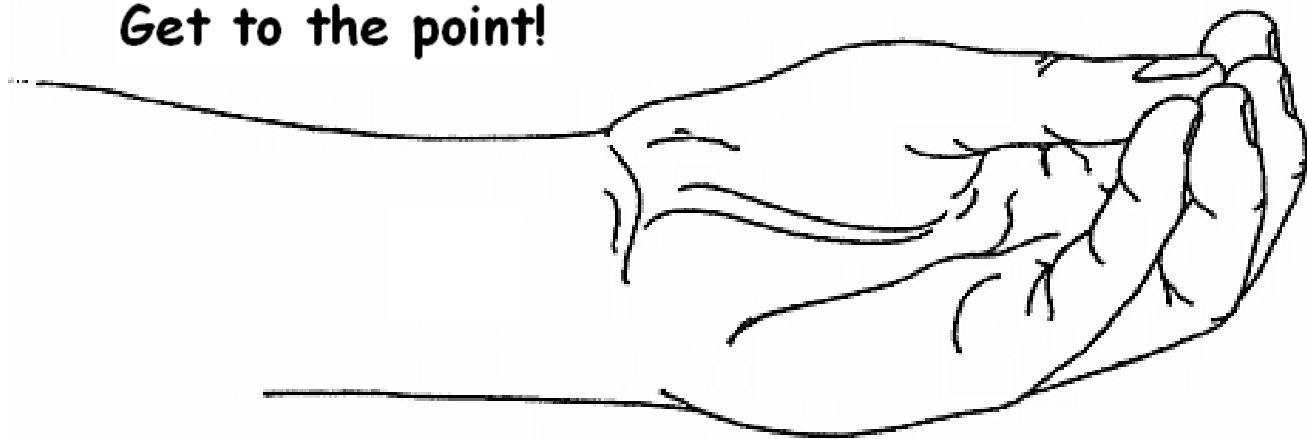
C. Come here!



Come here!



Get to the point!

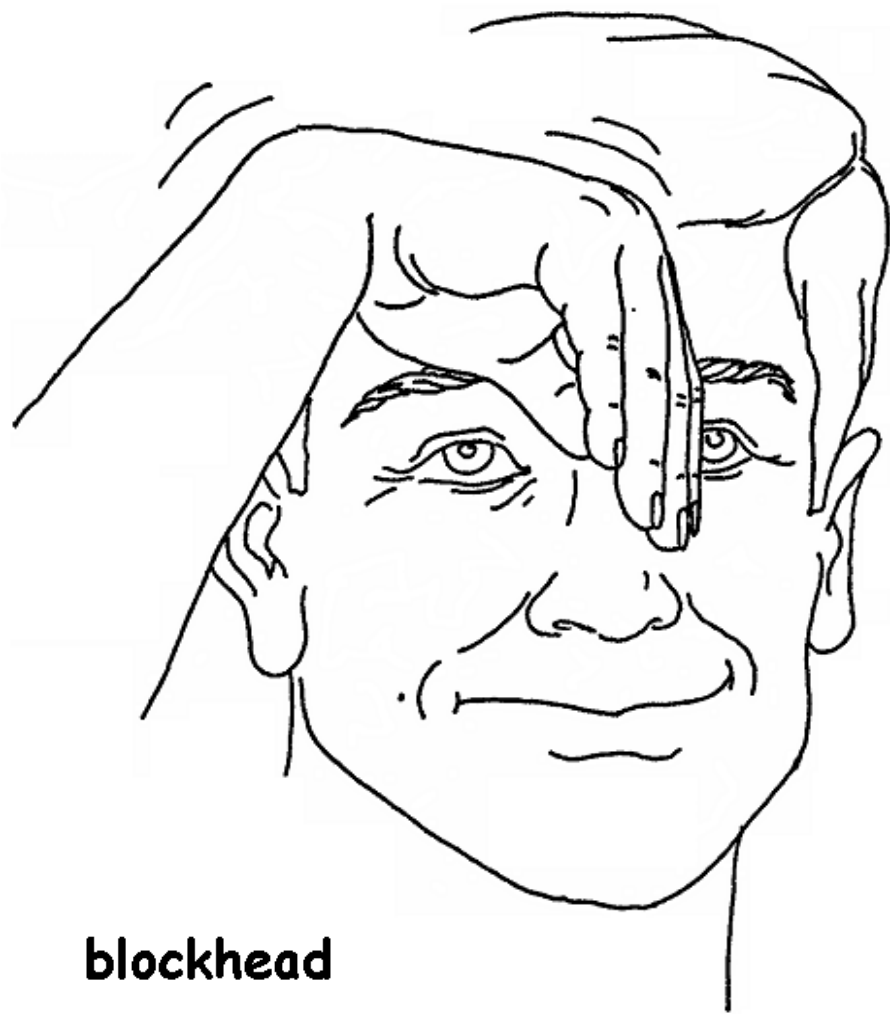


Bring the check!

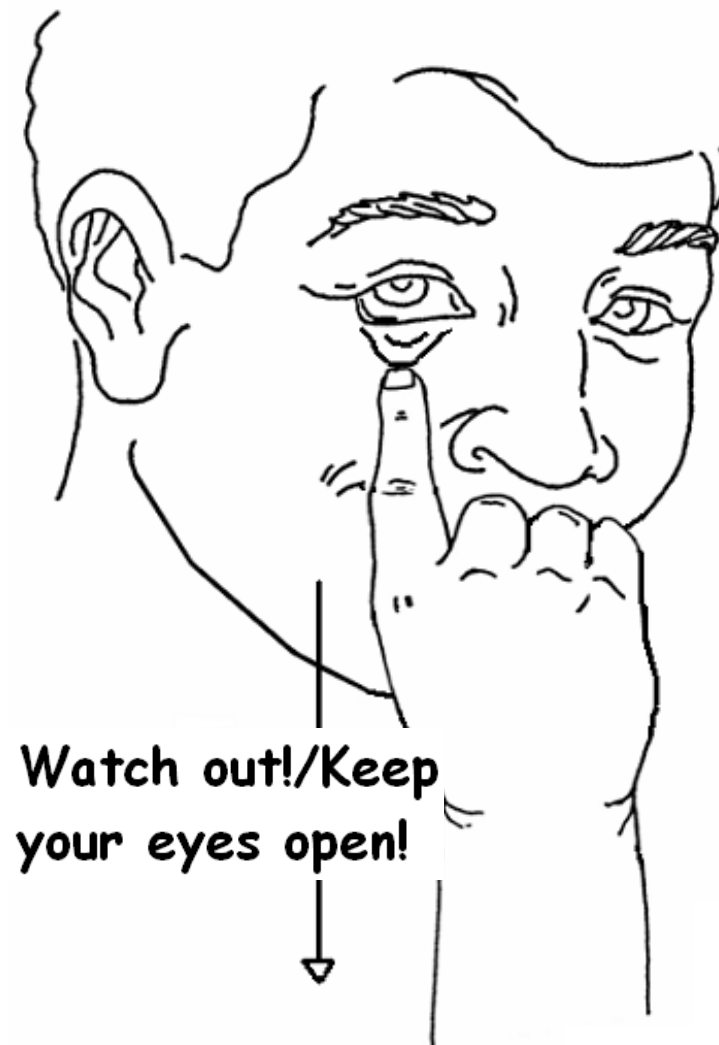


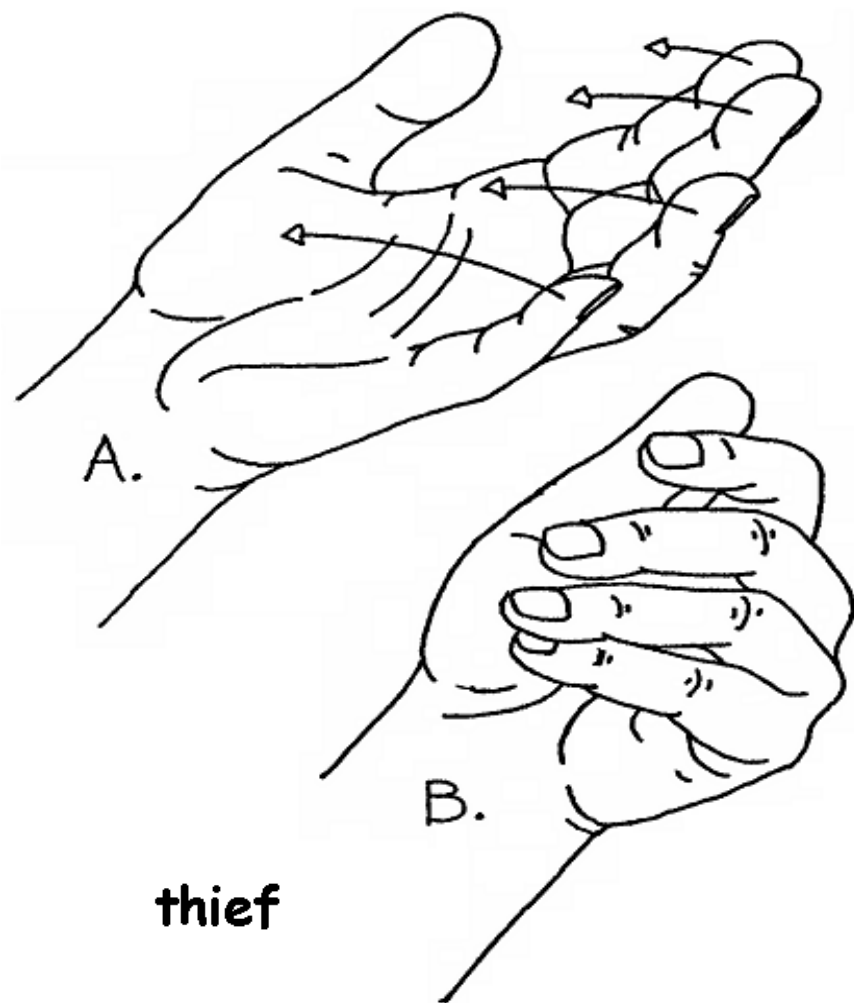
How much? or
Too expensive!

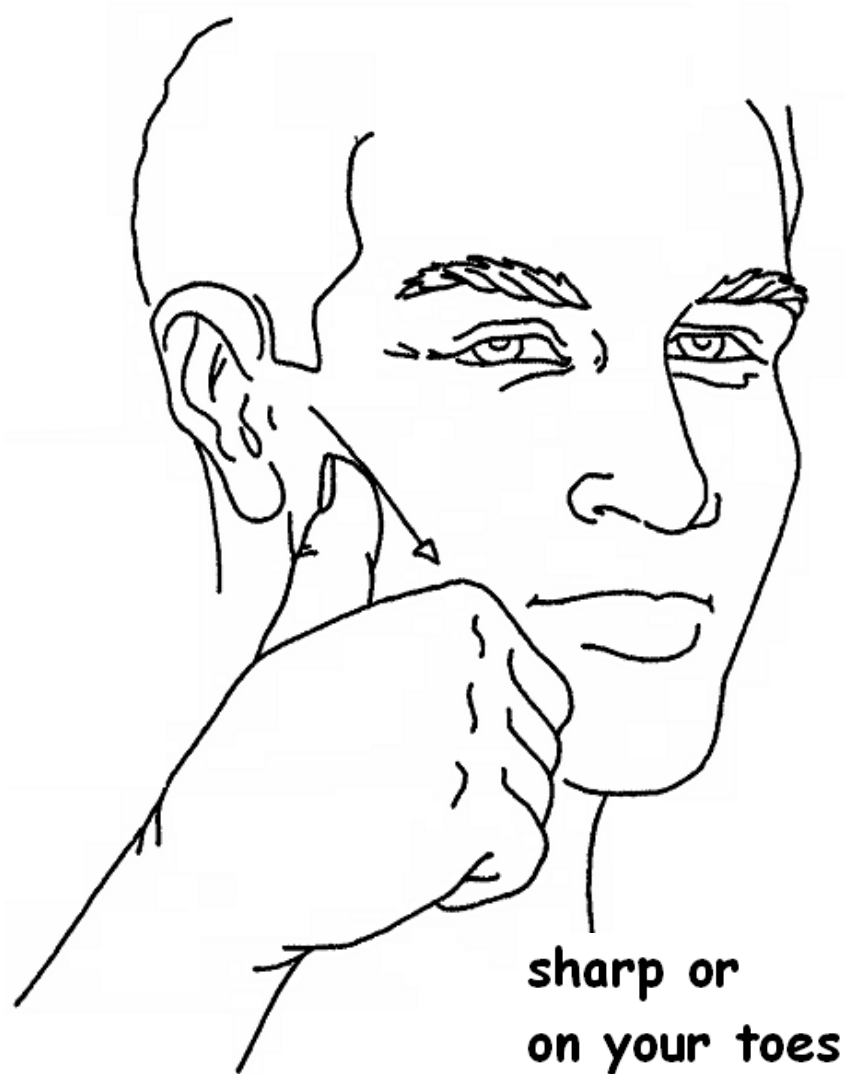


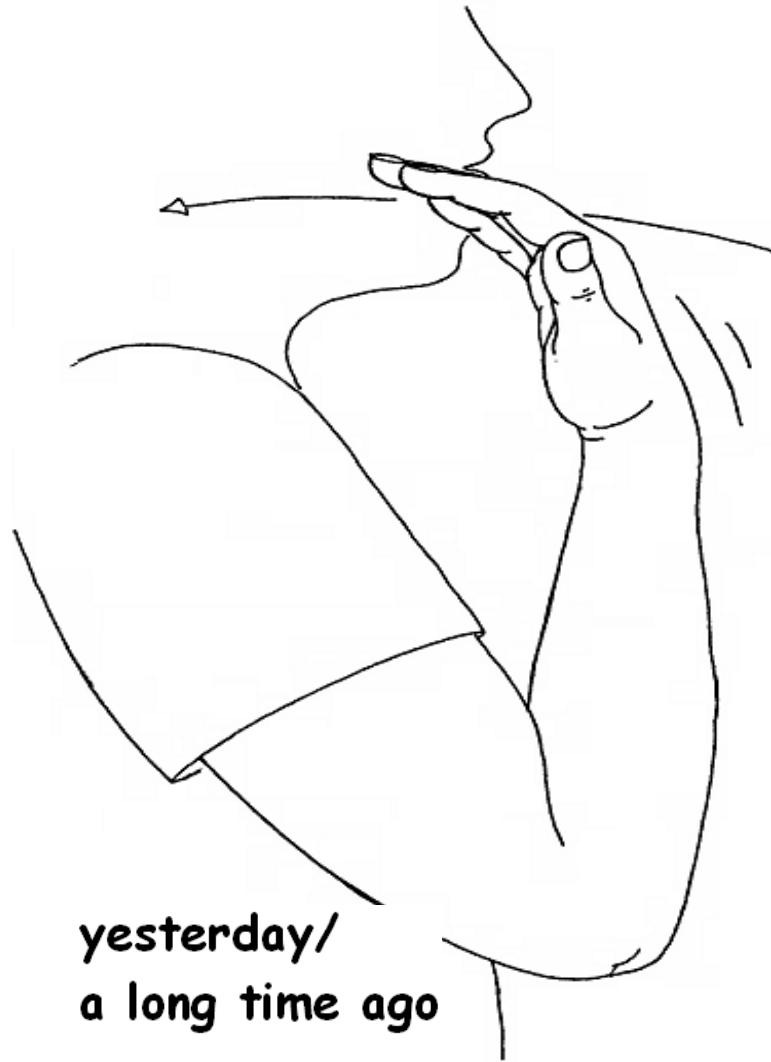


blockhead



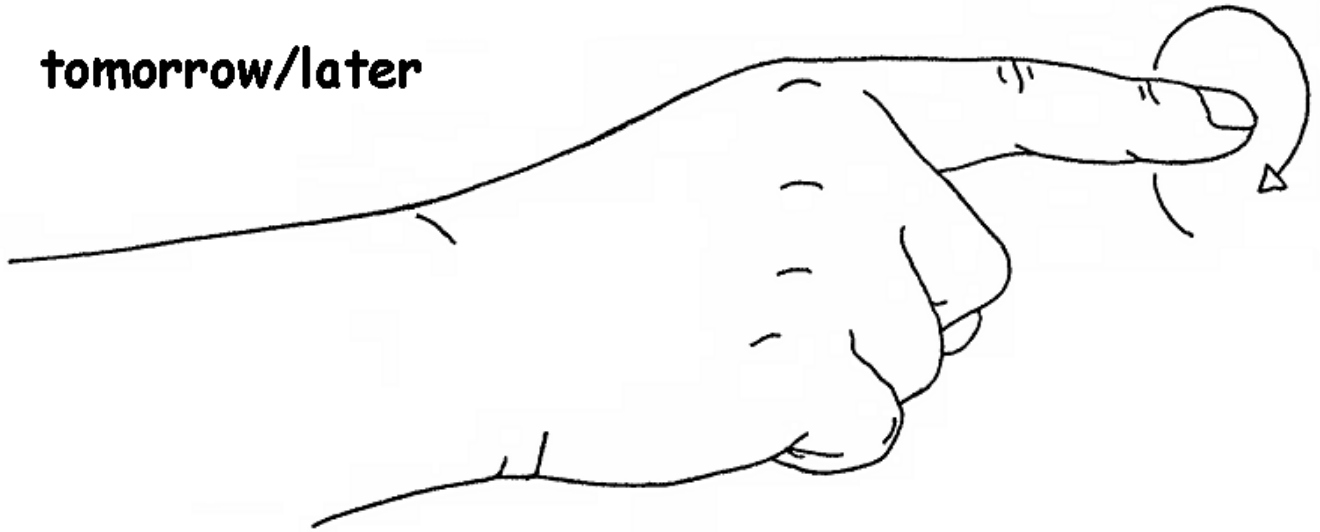




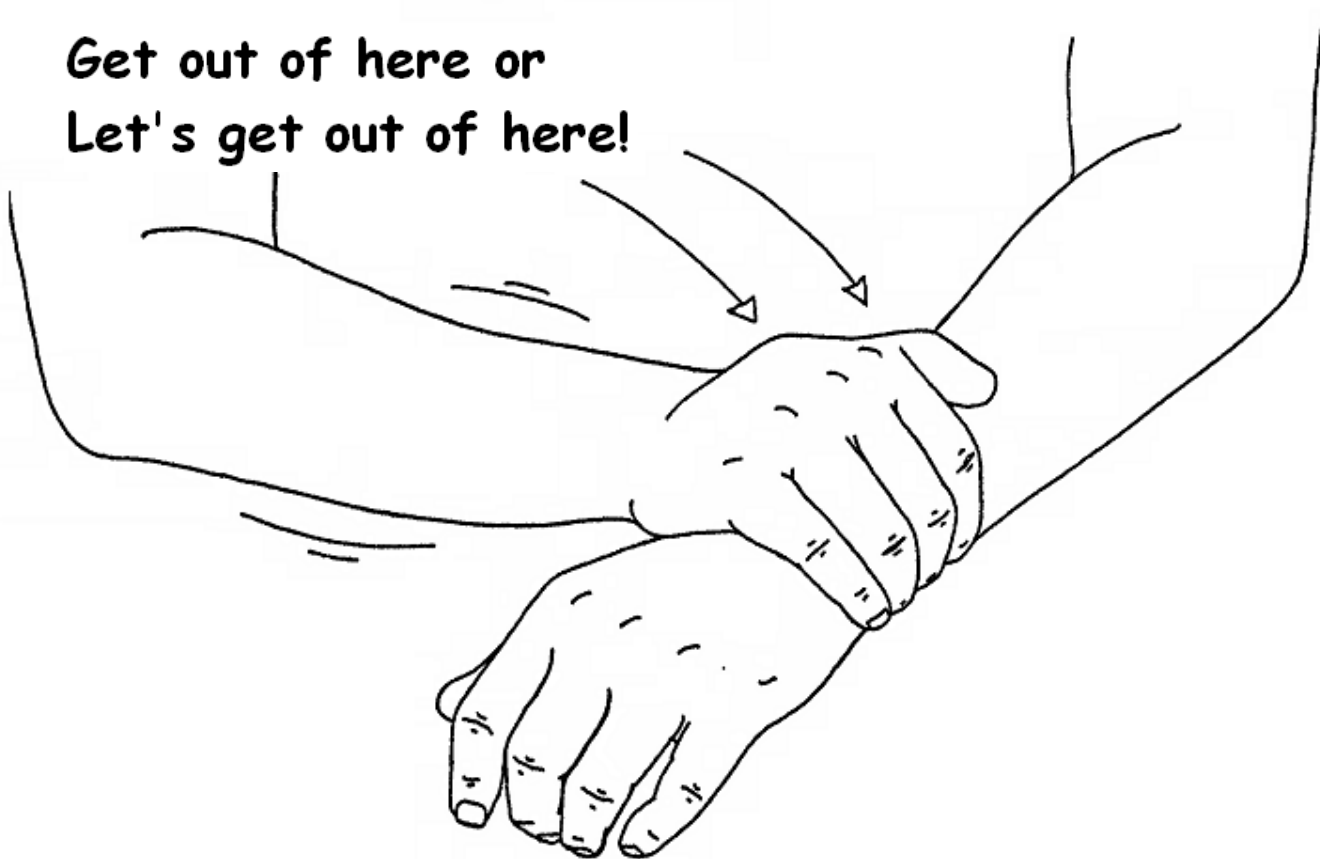


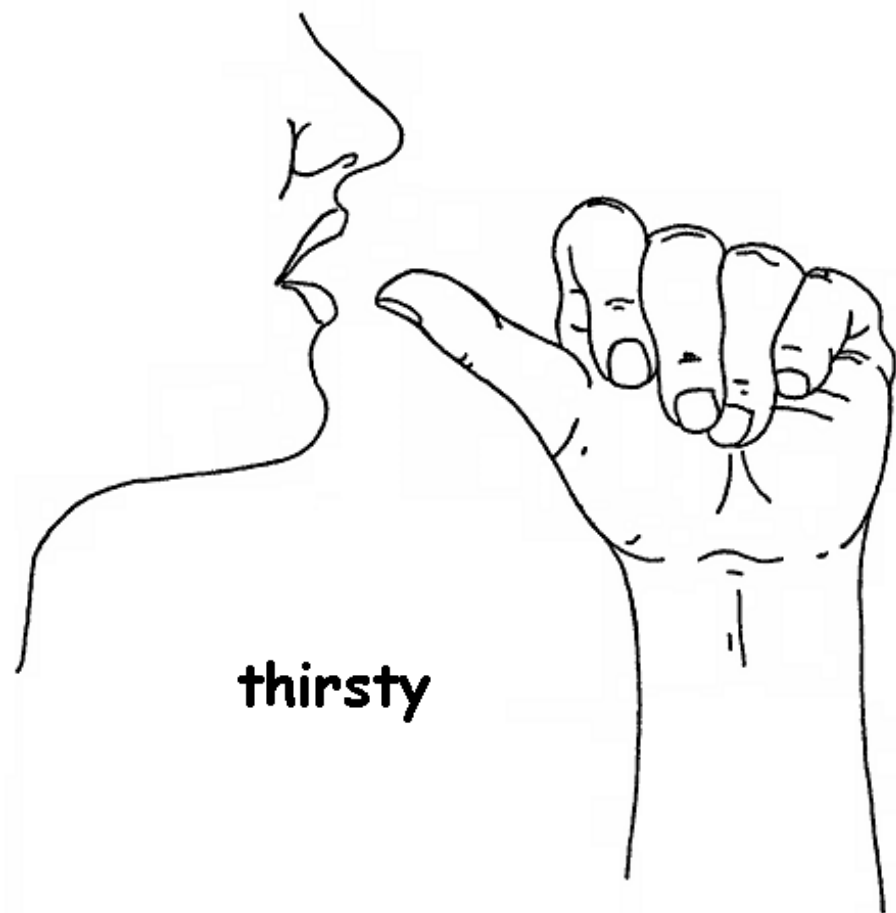
**yesterday/
a long time ago**

tomorrow/later

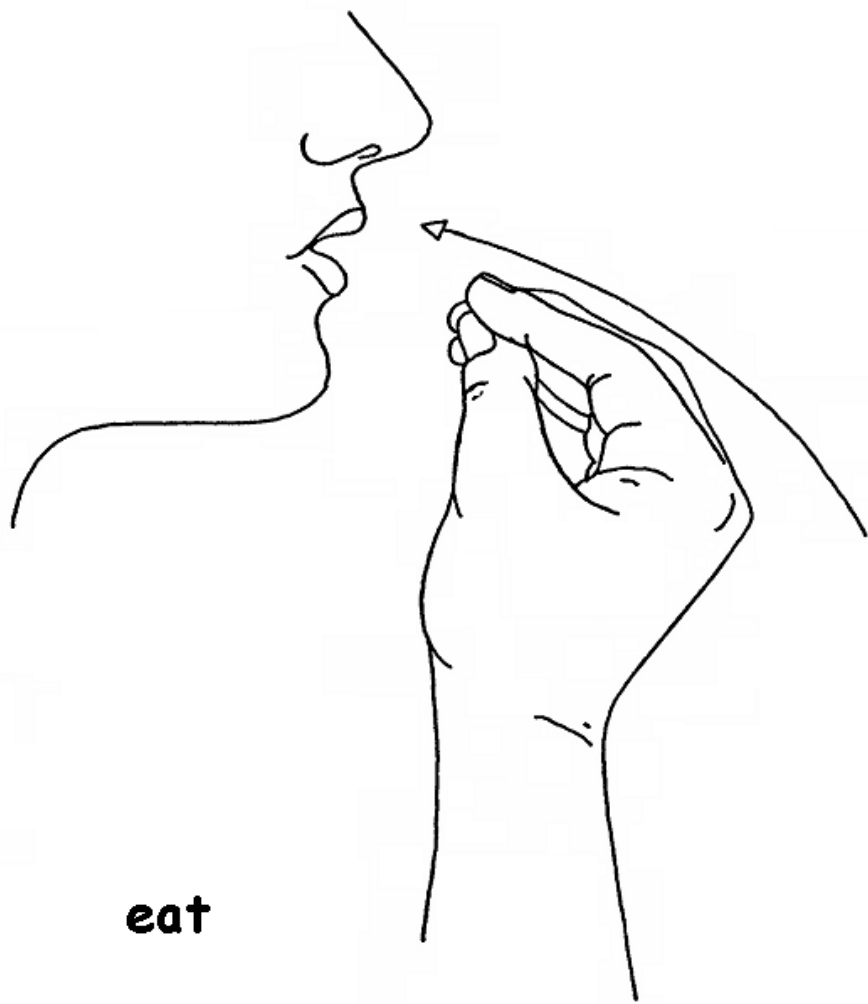


**Get out of here or
Let's get out of here!**

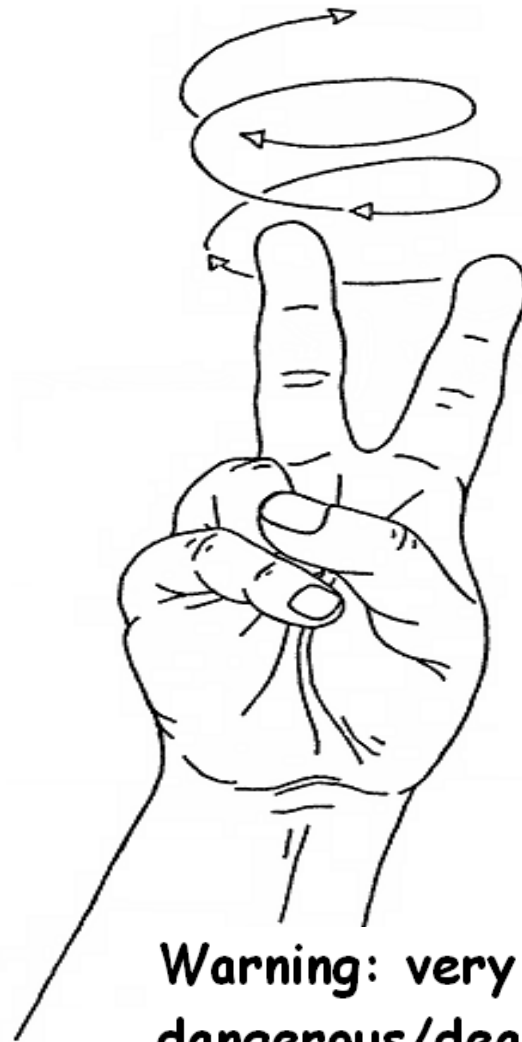




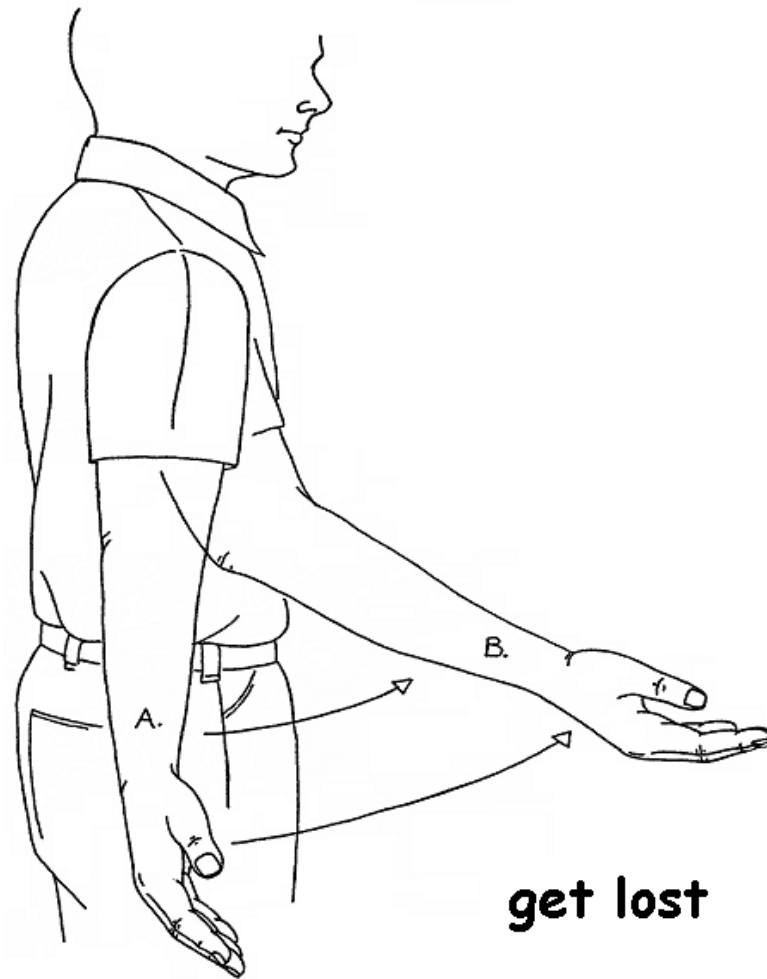
thirsty



eat



**Warning: very
dangerous/death**



get lost



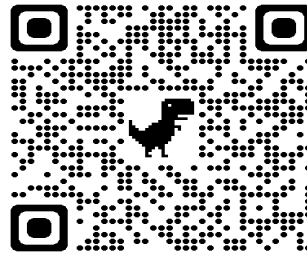
**Enjoy Naples...
Enjoy Italy...
Enjoy life!!!**

We will see you at the Area Orientation trip downtown Naples!





**For Info on upcoming ICR activities
please visit our Facebook page or contact us**



FFSC Naples Facebook

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